

# 1<sup>st</sup> Annual SWOk Fellowship of Christian Athletes CC Meet

## Lawton Oklahoma, Cameron University

**Date:** Friday, October 6<sup>th</sup> 2023

**Entry Fee:** Varsity Girls Team (10 max) \$90, Varsity Boys Team (10 max) \$90 (\$160 Both); JV Girls Team \$50 (free with Girls Team entry), JV Boys Team \$50 (free with Boys Team entry); MS Girls Team \$60, MS Boys Team \$60 (\$100 Both); Individuals \$10 (up to four entries).

- Mail entry fees to: PO Box 1092, Rush Springs Ok.
- Make checks payable to Fellowship of Christian Athletes

**ON-LINE ENTRIES** – Coaches must submit all entries on the ENDURO USA TM website: [www.endurousa.com](http://www.endurousa.com). – **NO ADDITIONAL ENTRIES AFTER THE DEADLINE.** – **Online Entries Deadline:** Thursday September 14<sup>th</sup> at noon. Complete ALL steps on the “Entries Window”. Make sure to “VERIFY”. **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your ENDURO USA TM account, please email your questions to [jhughes@elginps.net](mailto:jhughes@elginps.net). **MEET TIMING & RESULTS** – RFID Chip Timing for the meet is provided by 12:1 Running Timing Services. Live results are available at [www.twelve1running.com](http://www.twelve1running.com).

For more information please contact Richy Large, [rlarge@fea.org](mailto:rlarge@fea.org) or Jon Hughes, [jhughes@elginps.net](mailto:jhughes@elginps.net). We look forward to seeing you in September.

**Course:** Cameron University baseball field

**Parking:** On location and across the highway at the Softball/Football field

**Restrooms:** Plenty of portable restrooms will be available

**Schedule:**

9:45 Coaches Meeting

10:00 MS Girls 1.5 miles

MS Boys 2 miles

Varsity and JV Girls 2 miles

Varsity and JV Boys 3 miles

(Each race will begin on a rolling start. Also, if a high school race has too many competitors, we will run a separate JV race.)

**Scoring and Awards:** The school's top 7 runners will be scored for Varsity and MS division (5 scorers and 2 displacers). All other runners will be timed but not scored. Medals will be given to the top 20 for each division: MS, JV, and Varsity. 1<sup>st</sup> Place team awards for MS and Varsity only.

**Coaches Check-in:** Left field corner of the outside baseball fence.