

CENTRAL CATHOLIC INVITATIONAL
Saturday, February 24, 2024
Bob Benson '66 Stadium
1403 N St. Mary's St.
San Antonio, TX 78215
Assistant Athletic Director: Brody David
Office: 210-225-6794 Ext. 312, Email: bdavid@cchs-satx.org
Head Coach: Gary Brimmer
Cell: 254-371-9597, Email: gbrimmer@cchs-satx.org

1. This is a Varsity Meet only (Girls and Boys). All running events will be finals.
 - Events will be heated and landed by Track for Life T4L. Seth.brower@trackforlife.com.
 - It is a Finish Lynx Program. Mr. Brower will provide a camera and operator. He will also set up the meet (heats, lanes, flights) and submit it to the Meet Director for approval. Mr. Brower will provide hip numbers and will post live results after each event. **Entries are due by Noon on February 21.** Any scratches must be emailed to Mr. Brower by 10:00 AM the day of the meet.
 - Mr. Jeffery Oncken (Jeffery.oncken@flosports.tv) will set up online registration through [TXMileSplit](#). Jeff will be the point of contact for all registration questions. Click [here](#) for TXMileSplit registration steps.
2. There will not be a scratch meeting.
3. There will be no prelims. **All running events will be finals.**
4. Field event contestants will be allowed **three (3) attempts** in the Shot Put, Discus, Long Jump, and Triple Jump... **NO FINALS.**
5. Only officials, coaches, and contestants are allowed on the field. Contestants should remain in the stands, except when reporting to the field for warm-up or competition.
6. Only ¼ pyramid spikes may be used on the track and on the jumping surface. Do not walk in the stands with spikes on.
7. Student photographers must have campus credentials.
8. Awards:
 - Trophy for Girls and Boys Champions (1st place only)
 - Medals 1st thru 3rd. Please pick up your awards at the awards tent behind the corral before leaving.
9. Starting blocks will be furnished.
10. No foreign materials of any kind should be placed on the track or jumping surface areas including dusts, powder, salt, etc; if temporary markers are needed on the track, only tape will be allowed.
11. No camps on infield. Tents can be setup in the visitor bleachers. No tents in the home side stands.
12. A trainer will be on site and will be located in the north end zone.
13. Bus parking will be on the visitor side at the Brooklyn/Dallas gate.

CENTRAL CATHOLIC INVITATIONAL

Saturday, February 24, 2024

Bob Benson '66 Stadium

1403 N St. Mary's St.

San Antonio, TX 78215

Assistant Athletic Director: Brody David

Office: 210-225-6794 Ext. 312, Email: bdavid@cchs-satx.org

Head Coach: Gary Brimmer

Cell: 254-371-9597, Email: gbrimmer@cchs-satx.org

Running Events: 11:00 Start/ All Finals

3200 Meter Run (G&B) – **9:00 AM**
400 Meter Relay (G&B) – **11:00 AM**
800 Meter Run (G&B)
100 Meter Hurdles (G)
110 Meter Hurdles (B)
100 Meter Dash (G&B)
800 Meter Relay (G&B)
400 Meter Dash (G&B)
300 Meter Hurdles (G&B)
200 Meter Dash (G&B)
1600 Meter Run (G&B)
1600 Meter Relay (G&B)

Field Events: 9:00 AM Start/ All Finals

Boys Discus, Girls Long Jump, Boys Triple Jump, Girls Shot Put, Girls Pole Vault/ then Boys, Girls High Jump

Cont.

Girls Discus, Boys Long Jump, Girls Triple Jump, Boys Shot Put, Boys High Jump

Opening Heights & Distances:

Girls High Jump 4'6", Girls Long Jump 14',
Girls Discus 80', Girls Triple Jump 30',
Girls Shot Put 25', Girls Pole Vault 7'

Boys Shot Put 35', Boys Triple Jump 38',
Boys High Jump, 5'6", Boys Long Jump
17', Boys Discus 100', Pole Vault Boys 10'