

# McKinney Boyd Relays

## Friday, Feb. 16

### Ron Poe Stadium

7:30 a.m.--Stadium open

8:15 a.m.--Scratch meeting for Friday events (in weight room North of the track)

#### **Field Events**

9:00 a.m.-- VB Discus, VG Shot, VB Triple Jump, VG Long Jump, VB High Jump, VG Pole Vault

11:00 a.m.-- VG Discus, VB Shot, VG Triple Jump, VB Long Jump, VG High Jump, VB Pole Vault

1:00 p.m.-- JVG Discus, JVB Shot, JVG Triple Jump, JVB Long Jump, JVG High Jump, JVB Pole Vault

3:00 p.m.-- JVB Discus, JVG Shot, JVB Triple Jump, JVG Long Jump, JVB High Jump, JVG Pole Vault

#### **Running Events**

10:00 a.m.--3200 (JVG,JVB,VG,VB--multiple heats; no limit on entries)

12:45 p.m.--4x800 (JVG,JVB,VG,VB--one heat for each division; no B teams or 2nd teams)

1:45 p.m.--1600 (JVG,JVB,VG,VB--multiple heats; no limit on entries)

\*For Friday running events, the number of entries will determine the number of heats so race times are subject to change. Please enter a seed time for your kids, so we can heat them appropriately.

\*\*For Friday field events, we will have laser measurements and we will move very fast. We will have minimum marks for measurement in the horizontal jumps and throws for each division. Have your kids warmed up and ready to compete. We need to finish before sundown, and we will not wait on your athlete.

\*\*\*Coaches meal for Friday can be picked up at the concession stand from 11:30-1:30. Head coaches pick up coaches meal tickets in the weight room North of the track at the scratch meeting.

# McKinney Boyd Relays

## Saturday, Feb. 17

### Ron Poe Stadium

7:30 a.m.--Stadium open

8:15 a.m.--Scratch meeting for Saturday events (in weight room North of the track; breakfast items served)

#### **Running Events**

9:00 a.m.--DMR (VG,VB--one heat for each division; no B teams or 2nd teams)

9:30 a.m.--4x100 Relay (JVG,JVB,VG,VB--max 3 heats each division; no B teams or 2nd teams)

10:30 a.m.--100 Hurdles (JVG,VG)

10:50 a.m.--110 Hurdles (JVB,VB)

11:10 a.m.--100 Meters (JVG,JVB,VG,VB)

11:50 a.m.--1600 Meter Sprint Medley (VG,VB--no B teams or 2nd teams)

12:20 p.m.--4x200 Relay (JVG,JVB,VG,VB--max 3 heats each division; no B teams or 2nd teams)

1:45 p.m.--300 Hurdles (JVG,VG,JVB,VB)

2:25 p.m.--4x400 Relay (JVG,JVB,VG,VB)--max 3 heats each division; no B teams or 2nd teams)

\*Warm-up area for running events will be in the field event area North of the track (weather permitting). Hip numbers will be picked up in the warm-up area. Please help us in keeping kids off of the infield of the track.

\*\*Weather permitting, athletes must be race ready before entering the track for their race. We will check them in and escort them to the track before their race. No cell phones will be allowed on the infield at any point.

\*\*\*Coaches meal for Saturday lunch will be in the weight room North of the track from 11 to 12:30 p.m.