



# Northside ISD Athletic Department

## NORTHSIDE SPORTS GYM

8400 N. Loop 1604 West • San Antonio, Texas 78249 • (210) 397-7509 • FAX (210) 558-3876

### General Information

**Date:** Thursday, February 15, 2024

**Site:** Gustafson Stadium  
7001 Culebra Rd, San Antonio, TX 7238

#### Results & Awards:

9<sup>th</sup> Grade & JV Boys: Team Championship Plaque, Individual Ribbons 1<sup>st</sup> thru 6<sup>th</sup> place  
Coaches may pick up awards in the press box at the conclusion of the meet.

**Scoring:** Individual Points: 10, 8, 6, 4, 2, 1  
Relay Points 20, 16, 12, 8, 4, 2

#### General:

- 1) Only ¼" pyramid spikes may be used on the track and jumping surface.
- 2) Water is the only liquid allowed on the track and field. No food, gum, sunflower seeds.
- 3) No foreign substances of any kind should be placed on the track or jumping surfaces areas including dusts, powder, salt, etc: Tennis ball halves or similar objects are allowed. **NO TAPE**
- 4) **Only competing contestants, High School Track Coaches and officials are permitted on the field.**
- 5) UIL and National Federation Track and Field rules will be enforced.
- 6) Starting blocks will be furnished. No other blocks may be used.
- 7) There is no dressing area, so students should be dressed in their track attire. Valuables should be not left on the field.
- 8) All Pole Vaulters will be weighed, poles certified at 4:00pm – coaches must initial certification score sheet. Coaches must report to the pole vault area and initial the certification score sheet at 4:00pm.
- 9) 9<sup>th</sup> and JV grade implements will be pooled.
- 10) It is the responsibility of each athlete to report to the event, check in and complete all of his throws or jumps in the allotted time.
- 11) Contestants should remain in the stands except when reporting to the field for warm-up or competition.
- 12) No radios or sound systems without earphones will be allowed in the stands. No cell phones or other communication devices will be allowed on the track, and/ or on the field.
- 13) All Photographers (students, campus employees, booster club) must have campus credentials.
- 14) **ALL TEAMS WILL BE CAMPED ON THE VISITOR SIDE OF STADIUM.**



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### **Northside Track & Field Meet** **ORDER OF EVENTS**

#### **Field Events – 4:45 P.M. (All Finals)**

<b><u>Pole Vault</u></b>	JV (B), 9 <sup>th</sup> (B) 9 <sup>th</sup> Boys opening height- 7' JV Boys opening height- 9'
<b><u>High Jump #1</u></b>	JV (B) JV Boys opening height- 5'0
<b><u>High Jump #2</u></b>	9 <sup>th</sup> (B) - middle of field 9 <sup>th</sup> Boys opening height- 4'10
<b><u>Shot Put</u></b>	WC, 9 <sup>th</sup> (B), JV (B) (3 Attempts – all divisions) (Measurement Marks – 9 <sup>th</sup> Boys -28', JV Boys-30')
<b><u>Discus</u></b>	JV (B), 9 <sup>th</sup> (B) (3 Attempts – all divisions) (Measurement Marks – 9 <sup>th</sup> Boys -80', JV Boys-90')
<b><u>Long Jump</u></b>	9 <sup>th</sup> (B), JV (B) (3 Attempts- all Divisions) (Measurement Marks –9 <sup>th</sup> Boys-14', JV Boys-16')
<b><u>Triple Jump</u></b>	JV (B), 9 <sup>th</sup> (B) (3 Attempts- all Divisions) (Measurement Marks – 9 <sup>th</sup> Boys B-30', JV Boys-34')

#### **Running Events – 4:45 P.M. (All Finals)**

3200 Meter Run	9 <sup>th</sup> (B), JV (B)
400 Meter Relay	9 <sup>th</sup> (B), JV (B)
800 Meter Run	9 <sup>th</sup> (B), JV (B)
110 Meter Hurdles	9 <sup>th</sup> (B), JV (B)
100 Meter Dash	9 <sup>th</sup> (B), JV (B), WC
800 Meter Relay	9 <sup>th</sup> (B), JV (B)
400 Meter Dash	9 <sup>th</sup> (B), JV (B), WC
300 Meter Hurdles	9 <sup>th</sup> (B), JV (B)
200 Meter Dash	9 <sup>th</sup> (B), JV (B)
1600 Meter Run	9 <sup>th</sup> (B), JV (B)
1600 Meter Relay	9 <sup>th</sup> (B), JV (B)