

# **Knights of Columbus Relays**

## **March 1, 2024**

### **Varsity Boys and Girls Track Coaches**

FROM: Roger Adame Jr., Mercedes Athletic Director

SUBJECT: Knights of Columbus Relays

DATE: March 1, 2024

LOCATION: Tiger Stadium

FEE: \$150.00 per team. Please make check payable to: Mercedes Athletic Department Attn. Roger Adame, Jr.  
1200 South Florida  
Mercedes, Texas 78570  
(956)514-2049

HEAD COACHES MEETING (NEW GYM)

EVENTS: All UIL events.

Entries need be submitted via **[www.athletic.net](http://www.athletic.net)** by 1:00 pm on Thursday, February 29, 2024.

---

If you have any questions, please email Coach Judy Gutierrez @ [judith.gutierrez@misdtx.net](mailto:judith.gutierrez@misdtx.net) or Coach Andy Mata @ [andres.mata@misdtx.net](mailto:andres.mata@misdtx.net) or call our athletic department at 956-514-2049.

Thank you and have a great track season.

### **Boys Head Track & Field Coach**

Andy Mata  
(956) 532-4143

### **Girls Head Track & Field Coach**

Judy Gutierrez  
(956) 975-1475

KNIGHTS OF COLUMBUS  
RELAYS  
MARCH 1, 2024

SCHEDULE OF EVENTS

**8:30 AM**

COACHES MEETING (New Gym)

**10:00 AM**

3200 M Run....FINALs...Girls/Boys

**11:30 AM**

3200 Meter Relay

**10:00 AM**

Field Events ..... Finals 4 Throws/Jumps

Shot Put..... Boys followed by Girls

Discus..... Girls followed by Boys

Pole Vault..... Girls followed by Boys

High Jump..... Boys followed by Girls (North Pit)

Long Jump..... Girls followed by Girls Triple Jump

Long Jump..... Boys Followed by Boys Triple Jump

\*\*There will be 2 flights in the girls/boys Long Jump & Triple Jump\*\*

**2:30 PM**

**FINALs** Running Events

4x100 Relay..... Girls/Boys

800 M Run..... Girls/Boys

100 M Hurdles..... Girls

110 M Hurdles..... Boys

100 M Dash..... Girls/Boys

4x200 M Relay..... Girls/Boys

400 M Dash..... Girls/Boys

300 M Hurdles..... Girls/Boys

200 M Dash..... Girls/Boys

1600 M Run..... Girls/Boys

1600 M Relay..... Girls/Boys

AWARDS WILL BE PRESENTED ON THE FIELD IMMEDIATELY FOLLOWING THE EVENT. THERE WILL BE A HIGH POINT FEMALE/MALE ATHLETE.